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Newsletter Vol. 38

"Live life to the fullest, and focus on the positive."

— Matt Cameron

EDITORIAL

Life Is Beautiful

Positive results will follow once you do away with negative thoughts

IFE is undeniably beautiful, a tapestry woven with threads of experiences, emotions, and moments that define our existence. In the intricate design of this tapestry, we encounter challenges that test the fabric of our being. However, it is during these very moments of adversity that the power of positive thinking emerges as a guiding light, illuminating our path and helping us navigate through the darkest corners of life.

The essence of life lies not only in its duration but in the quality of the moments we experience. Each day brings with it a myriad of opportunities, a canvas upon which we can paint the hues of our emotions and aspirations. Embracing a positive outlook is akin to wielding a paintbrush with optimism, allowing us to transform even the mundane into a masterpiece. In the face of difficulties, it becomes crucial to shift our focus from the shadows to the light, from the challenges to the opportunities that lie within them.

Positivity is a powerful force that has the capacity to reshape our reality. It is a lens through which we can view the world, choosing to emphasize the beauty in every situation. When we consciously cultivate a positive mindset, we open ourselves to a world of possibilities and solutions that might have otherwise remained obscured by the clouds of negativity. Challenges become stepping stones, difficulties become opportunities for growth, and setbacks become setups for comebacks.

Moreover, the impact of positivity on our well-being is profound. Scientific studies have shown that maintaining a positive outlook can lead to improved physical health, enhanced resilience, and a better ability to cope with stress. The mind-body connection is a testament to the intricate dance between our thoughts and our overall health. By choosing to focus on the positives, we create a harmonious balance that reverberates through our entire being.

So, be positive and make your life even more beautiful.

Happy New Year!



New Beginnings

"No matter how hard the past, you can always begin again." *The Buddha*

"The magic in new beginnings is truly the most powerful of them all."

Josiyah Martin

* * *

"Write it on your heart that every day is the best day in the year."

Ralph Waldo Emerson

. .

"The beginning is the most important part of the work."

Plato

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Workshops and Webinars



CA. (Dr.) G.S. Grewal



Dr. Sachin Gupta

ITH requests for author-teacher interaction pouring in, our authors continued their offline and online workshops with teachers and students. Thus, a number of workshops/webinars were organised in different parts of the country.

While CA. (Dr.) G.S. Grewal and Mr. R.K. Khosla, acclaimed authors of 'Double Entry Book Keeping' for Classes XI and XII, hosted the Accountancy workshops, Dr. Sachin Gupta, a name to be reckoned with in the field of New Age Skills and author of our 'Decoding Artificial Intelligence' and 'Essentials of Data Science' series, took the participants through the AI workshops/webinars with elan.

Accountancy workshops were conducted at Hindi Bhawan, Mahadevi Verma Hall, Shyamla Hills Road, Polytechnic Chauraha, Bhopal; Delhi Public School, Bypass Road, Nipania, Indore; The Senior Study II, Putlighar, GT Road, Amritsar; Academic World School, Bemetara, Chhattisgarh; The Sanskaar Valley School (ICSE), Bhopal; KR Mangalam World School, South City, Gurgaon. Accountancy workshops were also held for students at Queen Valley School, Dwarka, New Delhi, Delhi Public School, Rajnagar Extn., Ghaziabad and DAV Public School, Uppal Southend, Sector 49, Gurugram.

An Artificial Intelligence workshop was organised at Delhi Public school, Rajnagar Extension, Ghaziabad. Besides, a Knowledge Series on Artificial Intelligence is under way with webinars conducted every alternate week for teachers.

The **House of Sultan Chand & Sons (P) Ltd** is committed to helping schools improve their teaching methodology by organising workshops/webinars. Requests for such workshops/webinars may be forwarded to our head office or to our representative visiting your school.



Essentials of

PHYSICAL EDUCATION for Classes XI and XII

A healthy body breeds a healthy mind. **Essentials of Physical Education** not only meets the latest CBSE syllabus requirements but also helps develop learners' interest in the subject. The book, written in a student-friendly manner, includes past years' CBSE Board Examination Questions with Answers, Objective Type/Multiple Choice Questions, ample Viva Voce questions, myriad relevant pictures, diagrams and tables.



Computer: A Wonder Machine has been written to familiarize the young generation with the various features and scope of computers. The series focuses on facilitating understanding of fundamental computer operations and practices, strengthening the ability to use IT tools to accomplish learning tasks and inculcating the skills to use communication patternts.

Visualised Science – Physics Visualised Science – Chemistry Visualised Science – Biology

for Classes IX and X

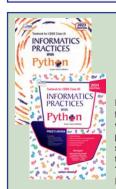
in accordance with the latest CBSE curriculum

Also available Visualised Science Lab Manual

Computer Science Pythen Computer Science Pythen Pythen Figure 1000 Figure 1000

Computer Science With Python for Classes XI and XII

Computer Science with Python aims at providing an in-depth understanding of the CBSE curriculum. It focuses on teaching the Python language to help students learn programming concepts and develop problem-solving skills. With easy-to-understand examples, pseudo-code, flow charts, and other such tools, the student learns to design the logic for a program and then implement that program using Python.



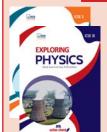
INFORMATICS PRACTICES

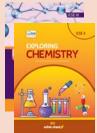
With **Python**

for Classes XI and XII

Python is a popular object-oriented language used both for stand-alone programs and scripting applications in a variety of domains. The books contain ample concise and practical example programs along with diagrams and instances from real-life situations. Each chapter consists of tested, debugged and error-free code with screenshots. The books also include Viva Voce questions, Model Test Paper, Practice Paper besides Web Support.









These books have been written in simple and lucid language and are supported by illustrations and well-planned experiments. These books also enhance students' interest in exploring and understanding science.



Reading Ventures

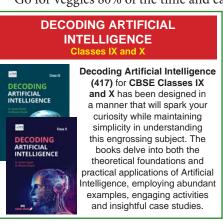
(English Literature Readers)
Classes I to VIII
Rajendra Pal, Mamta Agrawal,
Monica Mehra

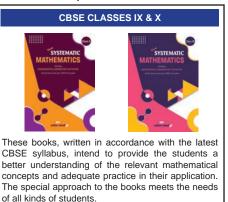


10 Achievable New Year Goals for Students

Students may want to focus on some education-related aspirations as well as personal achievements in the new year. Let us walk down the path together to know 10 achievable new year's resolutions that will make productivity and fun join hands.

- 1. Organisation is the Key: Learning to organise your things goes a long way. Organisation makes life a lot easier! It is always good to be mindful of your stuff and to clean your space before occupying it.
- 2. Focus on Learning instead of Just Grades: You certainly need good grades to get into your dream university, but rote learning is not the right path. In fact, when your aim becomes gaining knowledge, good grades will follow.
- 3. **Don't Procrastinate:** Procrastination usually occurs when you have a task at hand that you do not enjoy doing. So, find ways to create interest in your project. Your future self will thank you later!
- **4. Embracing a Good Night's Sleep:** Getting enough sleep is not only essential for your health but can also help you succeed in studies. Limit your screen time if you wish to give yourself a well-needed nudge in the right direction.
- 5. All Work and No Play Makes Jack a Dull Boy: A healthy body is a healthy mind. Go for activities that make you sigh with joy be it playing with your friends, exercising or cycling down the road! Remember what made Jack a dull boy?
- **6.** Express Your Thoughts: Communicating your thoughts is important because no one can figure out what you want unless you tell them. Articulating and expressing your thoughts in a good manner will help others know you better!
- 7. Try Your Hand at Something New: One of the best New Year resolutions is to go for unfamiliar terrain and stoke yourself to learn more. Dust off your guitar and strum it or go for the language that you always wished to communicate in.
- **8.** Take Care of Your Mental Health: No goal is achievable if you're not in the right state of mind. Thus, practise mindful exercises and seek help when required to steer clear of ill mental health that ultimately leads to a bad health overall.
- 9. **Kindness Goes a Long Way:** In a world where apathy is the norm, being empathetic will make sure you stay connected to your humanity. Our lives are measured in the way we touch other people's lives.
- **10. Veggies for the Win:** Having a balanced diet is imperative to climb the ladder to success. No, you don't have to bid adieu to your favourite, lip-smacking junk food. Go for veggies 80% of the time and eat the rest 20% to your heart's content.





New Year in Today's Evolving Landscape

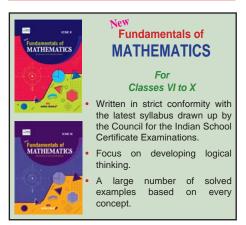
As we stand at the threshold of a new year, the celebration of New Year's has evolved beyond a mere changing of the calendar. In today's dynamic and interconnected world, the observance of the new year holds a multifaceted significance in contemporary times.

New Year has deep-rooted cultural significance across the globe. Different cultures celebrate the arrival of the new year with unique rituals and festivities, underscoring the importance of shared customs in fostering a sense of community.

The beginning of a new year often symbolises a fresh start and the chance to make positive changes. Resolutions, though sometimes clichéd, reflect a collective aspiration for selfimprovement and personal growth.

In a society where technological advancements connect us digitally but sometimes isolate us physically, New Year acts as a social glue, reaffirming the importance of human connections.

As we continue to navigate the complexities of the modern world, the observance of New Year's serves as a timeless reminder of our shared humanity and the enduring human spirit to strive for a better tomorrow.





SYMPHONY ENGLISH

Classes I to VIII

- Prepared specially in the light of NCERT guidelines on English teaching.
- Have a balanced structural and interactive approach to facilitate teaching as well as acquisition of the four language skills. Readers, Activity Books and

Readers, Activity Books and Literature Readers for Classes I to VIII Teacher's Manual Available



Dance of the Nature

It is a sunlit path, The path I take every day To reach my destination. It is a wonderful experience To walk on this path. It is amazing to observe how Rain brings freshness, Breeze showers colourful leaves.

Sun warms the wintry hearts. Each day of the season, Each movement of nature Brings its own variation. It is the dance of the nature That amazes me every day.

—Lakshmi

Essentials of INFORMATION TECHNOLOGY Classes IX and X

(From Happiness—A Treasure Within)

Road To Happiness

The road to daily happiness Is not so hard to find, You walk ahead serenely And leave your cares behind.

A word of cheer upon your lips A ready hand to give, A smiling face, a snatch of song Will help you well to live.

The love you give to others The good that you may do, The helping hand you proffer Will bring happiness to you.

The road to daily happiness Is not so hard to find, It's what you do for others That brings true peace of mind.

- Grenville Kleiser

ACCOUNTANCY



Books for CBSE XI & XII ISC XI & XII



BUSINESS STUDIES

Classes XI & XII

Key Features: As per CBSE syllabus; Simple language and examoriented presentation; Recap at chapter-end for revision of important definitions; Objective Type Questions/MCQs; Short Answer Questions; Case Studies and Application-based Questions with Answers; Long Answer Questions; NCERT Questions with Solutions; CBSE Sample Question Paper (Solved); Scanner of past years' questions; Model Test Paper (Solved); Self-Practice Paper.

INDIAN ECONOMIC DEVELOPMENT

Class XII

Key Features: Strictly in accordance with the syllabus; Objective Type Questions (MCQs, Fill in the Blanks, True/False); Application-based Questions; Project Work; CBSE Sample Question Paper (Solved); Model Question Paper (Solved); Practice Question Paper; Solutions to NCERT textbook Questions.

MACROECONOMICS

Class XII

Key Features: Strictly as per CBSE syllabus; Key terms and concepts explained at chapter-end; Solved NCERT questions included in relevant chapters: Objective Type Questions: Application-based Questions: Solved Numerical Problems and Give Reasons Type Questions: Scanner of past years' Board Question Papers; Latest CBSE Sample Question Paper (Solved); Model Question Paper (Solved): Practice Question Paper















Strictly as per ICSE syllabus • Well-defined computer languages • File Management, Organization of Data and Word Processing . Algorithms, Flow charts, Database Management and writing programs • Details on how to make effective presentations and how to develop mobile applications



ILLUSTRATED

Essentials of Information Technology (402) for CBSE Classes IX and X, based on the Skill Subject approved by CBSE's Department of Skill Education, aims at upgrading the skills and proficiency of the young learner in

the field of Information Technology.

The books have been prepared strictly according to the

CBSE curriculum. The course has been divided into two

parts—Employability Skills and Subject-specific Skills.

- Classes XI XII NCERT Textbook Ouestions
- NCERT Exemplar Questions
- Multiple Choice Questions (MCQs)
- Assertion and Reason Type Questions
- HOTS Questions

Essentials of

English Grammar and Composition Parts 1 to 8 for Classes I to VIII

and also for Secondary and Senior Secondary Classes Each book in the series is a complete package in itself. It has separate sections

dealing with grammar, vocabulary, comprehension and composition. Some unique features of the series are:

- Various elements of grammar presented in simple language.
- * Tips to write correctly and alerts to avoid common errors highlighted.
- * Focus mainly on the essential aspects of functional grammar.
- * Easy-to-understand explanations and tips on usage.
- Exhaustive practice and guidance on structures.
- * Emphasis on writing skills relevant to communicative purposes.
- Teacher's Manual available.
- Web Support for additional practice.

BONJOUR L'INDE

Méthode de français Coursebook & Workbook

Class IV onwards



An Open Invitation to AUTHORS

Are you planning to write a textbook or reference book for school children? We would love to hear from you. Put your thoughts on paper before they evaporate. We are ready to help you fulfil your long-cherished dream. Write the book you always wanted to and contact us at:

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